



# CHOICES

A free programme helping South Norfolk residents get back into work after a break, offering support and advice to help them start

Our next 6/7 week course starts:  
Monday 5 September, 10am - 1pm  
Wymondham Leisure Centre, NR18 0NT  
Attendance is flexible - just come to as many sessions as you are able to

## You can:

- Explore your skills and qualities
- Improve or write a CV
- Practice interview techniques
- Find out about training courses, including Microsoft Office
- Get help finding work or volunteering opportunities
- Boost your confidence
- Access advice and support in a small, friendly group

Book now!

Call **01603 430535** or email

[jane.bagley@southnorfolkandbroadland.gov.uk](mailto:jane.bagley@southnorfolkandbroadland.gov.uk) and visit

[www.southnorfolkandbroadland.gov.uk/choices](http://www.southnorfolkandbroadland.gov.uk/choices) for more information.