



Help us become a Mindful Village

We're offering FREE mental health training for your business or community group.

 5:30pm to 7:30pm

 Thursday 21 March

 Shelfanger Village Hall

Scan me



Book your spot on our website or call 01508 505444

Help
Hub

For more information, please visit our website
www.southnorfolkandbroadland.gov.uk/MindfulTowns

Or contact the team by emailing
communities@southnorfolkandbroadland.gov.uk